

UNITED
LADIES

The logo for United Ladies. The word "UNITED" is in teal and "LADIES" is in red. A teal arrow curves upwards from the bottom left of "LADIES" to the top right of "UNITED". A thin red line also curves across the text, starting from the bottom left of "LADIES" and ending at the top right of "UNITED".

**PRESENTATION
DOCUMENT**

PROJECT ORGANIZERS



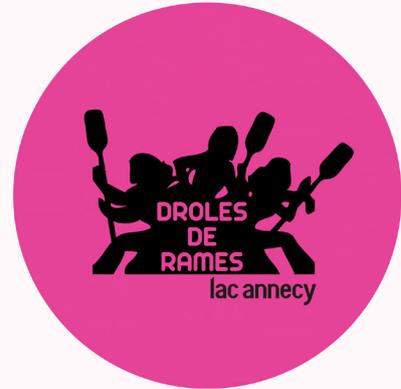
DRAGON BOAT ATTITUDE is the french leading company in dragon boating activities and events. Team buildings, boot camps, festivals and International Championships, Dragon Boat Attitude organizes events up to several thousands of persons, with a logistic knowledge, material means and skilled staff.

DBA team is driven by strong values of cohesion, respecting the others and the environment.

www.dragonboat-attitude.fr



PROJECT ORGANIZERS



DRÔLES DE RAMES association gathers and supports women who have been affected by a breast cancer. They encourage going back to sport after the disease and especially Dragon Boat. Together, they paddle weekly on Annecy lake.

www.drolesderames.com





Frédéric TRUCHET
Oncologist in Pays de Loire

« In this recipe, the first thing, and the most important, is this river, l'Allier, real nature jewel still preserved, and this Loire, magical, with its castles and landscapes that are changing at each turns.

On these rivers, add the Dragon Boats, and especially the Dragon Boat spirit, which means the cohesion and the team spirit. Being together, in order that together, we manage to go further than when alone.

Finally, another essential ingredient, the Dragon Ladies, gathered during one week-end, a moment of happiness and communion. »

UNITED LADIES CHALLENGE, IT IS :

32 200



KILOMETERS



ALLIER
LOIRE

05 AUGUST
08



NIGHTS

3



38:00

OF NAVIGATION

4

TEAMS

PREVISIONAL SCHEDULE

WEDNESDAY 4th AUGUST afternoon	Welcoming, briefing & opening ceremony
THU. - FRI. - SAT. 5th - 6th - 7th AUGUST	Breakfast by the Allier/Loire Navigation during about 50kms Meals & bivouac by the Allier/Loire
SUNDAY 8th AUGUST	Breakfast by the Loire Navigation during about 50kms Meals by the Loire Finish line Closing ceremony Night in a hotel
MONDAY 9th AUGUST	Breakfast Shuttle back to the cars

FROM THE ALLIER

TO THE LOIRE

Going through the natural reserve of the Val d'Allier et the Bed d'Allier, hosting beavers, otters, storks, black kites, leading to the Loire.

The Loire... royal river offering a navigation between wild landscapes, cities with Renaissance architecture, and a characteristic cultural heritage.



THE BOATS

C9

A Canoe 9 Places, most commonly called «C9», is a boat powered by paddlers and directed by a steerer.

The team in the boat is made of two rows of 4 paddlers, and one steerer, who steers the boat from the back.

This type of boat is light and handy, which is ideal for this kind of navigations.

In order to move forward, no secret, paddling together is the key !

This is also the reason why this adventure has a strong human and collective dimension.



ADVENTURERS DRAGON LADIES



The Dragon Ladies are groups of women who have been affected by breast cancer. They paddle together in a same boat, the Dragon Boat.

From the Allier to the Loire, paddling is a pretext: in the boats, the ladies are singing, laughing, looking with wonder at what nature has to offer. They are living an incredible experience.

They put the sport in favour of what happens after cancer, it is an example for all the persons affected today or who will be tomorrow.



THEY DID IT

WHAT THEY SAY ABOUT IT

« A team of professionals who are spoiling us all the adventure long... and who find incredible bivouac places to share all together... An exceptional challenge... »

Agnès

« Everything was here, breathtaking landscapes, happiness, warm welcoming in each villages, supports, kindness... What an achievement. »

Malika

« United Ladies, women united for a challenge, to be together, to laugh, to sing, to paddle, to live, to BE ! Thanks to everyone ! »

Gribouille

« For me, it has been a life-changing event, one that I'll cherish for ever. »

Karen

« An amazing sports and human adventure, incredible activities, women really motivated and a superb organization. »

Claire

« It is an astounding experience : we are spoiled, the meals, tents, navigations... There is kindness from everyone. I will keep more than memories : it will be part of my heritage. »

Lisiane

CONTACT US

United Ladies

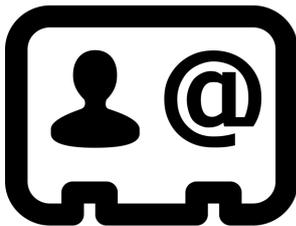
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Drôles de Rames

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